

MIDDLE & HIGH SCHOOL LUNCH MENUS FOR SEPTEMBER 2019

Anderson School District One
www.anderson.k12.sc.us

This institution is an equal opportunity provider. Menus are subject to change.

NEW ITEMS THIS MONTH:

Bone-In Wing Bar

Rotini Pasta w/ Italian Meat Sauce

Beef & Bean Burritos w/ Queso Cheese



Happy Labor Day

NO SCHOOL
 MONDAY
 SEPTEMBER 2nd

Tuesday, September 3

Lunch

Mac & Cheese Bar w/
 choice of Chicken, Taco
 Beef, or Beef
 Meatballs
 WG Garlic Breadstick
 Baked Beans
 Baby Carrots
 Choice of Fruits
 Choice of Milk

Wed., September 4

Lunch

Teriyaki Beef Steak
 Orange Chicken
 Brown Rice or Lo Mein
 Noodles
 Steamed Broccoli
 Steamed Carrots
 Vegetable Egg Roll
 Choice of Fruits
 Assorted WG Cookie
 Choice of Milk

Thursday, September 5

Lunch

Cheese Stuffed Shells
 Cheese Crunchers
 WG Garlic Breadstick
 Green Beans
 Roasted Red Potatoes
 Choice of Fruits
 Choice of Milk

Friday, September 6

Lunch

Popcorn Chicken Bowl
 Meatballs w/ Gravy
 WG Roll
 Mashed Potatoes
 Seasoned Corn
 Choice of Fruits
 Choice of Milk

Available Daily

Salad Entrees: Crispy Chicken, Buffalo Chicken, and Hummus Plates
Garden Salads

Pizza, Popcorn Chicken, Chicken Sandwiches (Spicy and Regular), Hamburgers or Cheeseburgers

Milk Choices: 1% White Milk or Fat Free Chocolate

Monday, September 9

Lunch

Garlic Cheese French
 Bread Pizza
 Meatball & Cheese Sub
 Tater Tots
 Baby Carrots
 Choice of Fruits
 Choice of Milk

Tuesday, September 10

Lunch

Taco Bar w/Choice of
 Taco Beef or Chicken
 Seasoned Corn
 Pinto Beans
 Choice of Fruits
 Choice of Milk

Wed., September 11

Lunch

Chicken Tenders
 Oven Roasted BBQ
 Chicken
 Macaroni & Cheese
 Green Beans
 Choice of Fruits
 Assorted WG Cookies
 Choice of Milk

Thursday, September 12

Lunch

Rotini Pasta w/ Meat
 Sauce
 Stuffed Crust Dippers
 WG Garlic Breadstick
 Steamed Broccoli
 Steamed Carrots
 Choice of Fruits
 Choice of Milk

Friday, September 13

Lunch

Fish Basket
 Grilled Cheese
 Baked Beans
 Corn on the Cob
 Choice of Fruits
 Choice of Milk



Monday, September 16

Lunch

Beef or Chicken
Philly Cheesesteak
Potato Wedges
Baby Carrots
Choice of Fruits
Choice of Milk

Tuesday, September 17

Lunch

Bone-In Wing Bar
(BBQ, Teriyaki, or Buffalo)
WG Roll
Carrots/Celery
Tater Tots
Choice of Fruits
Choice of Milk

Wed., September 18

Lunch

Turkey Pot Roast
Beef Meatloaf w/Gravy
WG Roll
Mashed Potatoes
Green Beans
Choice of Fruits
Assorted WG Cookies
Choice of Milk

Thursday, September 19

Lunch

Chicken Tenders
Cheese Crunchers
WG Garlic Breadstick
Steamed Broccoli
Steamed Carrots
Choice of Fruits
Choice of Milk

Friday, September 20

Lunch

Beef & Bean Burrito
Nachos w/Chili & Cheese
Brown Rice
Seasoned Corn
Black Beans
Choice of Fruits
Choice of Milk

Monday, September 23

Lunch

BBQ Pork Sandwich
Chicken Corn Dog
Corn on the Cob
Baked Beans
Choice of Fruits
Choice of Milk

Tuesday, September 24

Lunch

Mac & Cheese Bar w/
choice of Chicken, Taco
Beef, or Beef
Meatballs
WG Garlic Breadstick
Potato Wedges
Baby Carrots
Choice of Fruits
Choice of Milk

Wed., September 25

Lunch

Teriyaki Beef Steak
Orange Chicken
Brown Rice or Lo Mein
Noodles
Steamed Broccoli
Steamed Carrots
Vegetable Egg Roll
Choice of Fruits
Assorted WG Cookie
Choice of Milk

Thursday, September 26

Lunch

Cheese Stuffed Shells
Cheese Crunchers
WG Garlic Breadstick
Green Beans
Roasted Red Potatoes
Choice of Fruits
Choice of Milk

Friday, September 27

Lunch

Popcorn Chicken Bowl
Meatballs w/ Gravy
WG Roll
Mashed Potatoes
Seasoned Corn
Choice of Fruits
Choice of Milk

Monday, September 30

Lunch

Garlic Cheese French
Bread Pizza
Meatball & Cheese Sub
Tater Tots
Baby Carrots
Choice of Fruits
Choice of Milk

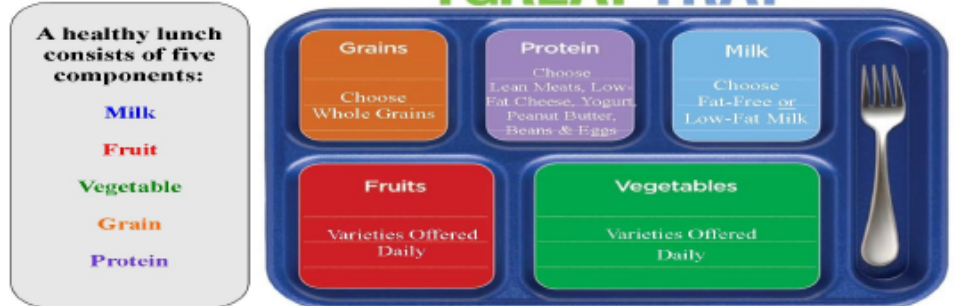
TIME *for* **LUNCH**



We're here to serve you, so please let us know if there's anything we can do for you.

Have a Great Year!

What makes a "Meal Deal"?
1 GREAT TRAY



Eat Smart! Make choices from all five food groups daily!
Students are **REQUIRED** to choose 3 of the 5 components with **at least 1 fruit or vegetable to make a lunch.**

The original value meal & still a fantastic deal!

Breakfast		Lunch	
\$1.20	\$1.20	\$2.25	\$2.40
Elementary	Secondary	Elementary	Secondary

Get in touch with us today to learn more about free and reduced-price meals in our district: 864-847-7344 or lunchapplication.com